

## Welcome to Frothimoon...

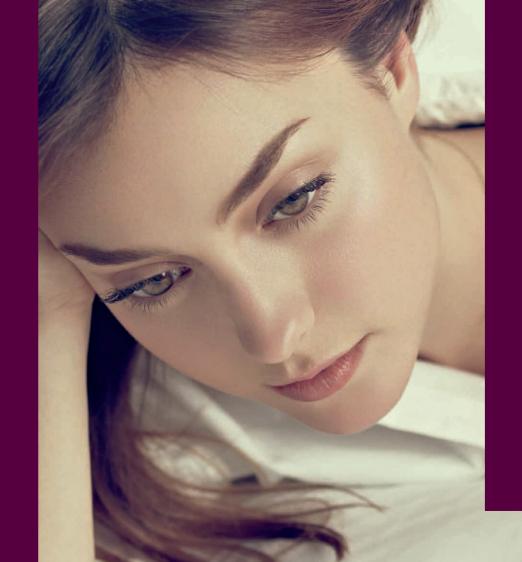
Frothimoon offers a stunning complement of therapeutic and rejuvenating face and body care treatments, using only the best products with the finest ingredients, from top European skin care house. Germaine de Capuccini.

If you are looking for pure indulgence and total relaxation combined with results driven treatments in a warm friendly atmosphere, we at Frothimoon can provide you with a haven where you will find the most incredible unique sensations, where the mind, body and spirit converge to feel an unforgettable and deeply pleasurable experience. We have a host of treatments waiting, so take the time and enjoy. Finally we would like to thank you for your loyalty!

At Frothimoon we look to reward our loyal customers with points for each treatment. For every £20 spent, you will receive 1 point. You can then redeem these against the following treatments:

10 points File and Polish to Hands or Feet
20 points Aromatherapy Back Neck and Shoulder Massage
30 points The Blooming Flower Hand or Foot Ritual
40 points Germaine De Capuccini Classic Facial
50 points Full Body Hot Rocks Massage or Total Eclipse

For a chance to earn double points, ask your therapist about our special promotional days. Complementary treatments must be taken between Monday and Friday only.



The premium products and treatments offered by Germaine de Capuccini are found in the most exclusive salons and spas throughout the world and are offered by the most highly trained beauty therapists in the industry today.

Situated on an eighteen thousand square meter premises in the South of Spain, Germaine de Capuccini has developed some of the world's most talked about skincare formulations. The successful combination of natural active ingredients with cutting edge technology has enabled the company to bring some of the most influential skin care products and professional spa therapies the beauty industry has ever seen.

Frothimoon is delighted to provide you with simply the very best available.

GERMAINE DE CAPUCCINI

# Pamper Collections

#### ~ FULL MOON SIGNATURE THERAPY ~

A sublimely relaxing ritual combining soothing massage movements with prodigious products produced from the oil of the organic African Baobab tree. Also known as the Tree of Life, the beautifully fragrant oils create a nourishing, protective, smoothing and hydrating experience. This treatment combines full body exfoliation, massage, and silk scalp therapy then concludes with an energizing leg therapy and blossoming Flower Hand Ritual. £100

### HALF MOON

Relaxing back massage & mini facial
Truly relax with our Half Moon Ritual. Your
therapy begins with a sumptuous warm pinda
walk and aromatic massage across the back.
Smooth, hydrate and nourish your skin as you
conclude with our wonderful Mini Prescriptive
Facial tailored to suit your skin. £58

#### NFW MOON

The perfect treatment for 'Mum to Be'
Commences with our luxury foot
cleanse followed by our relaxing warm
Pinda Stone Massage around the body
before we commence with a gentle
exfoliation of legs, arms and bump with
a body wax rich in Vitamin C. Continue
to relax with a mini prescriptive facial
whilst a cooling and revitalising Vitamin
C wrap is applied to the stomach
restoring elasticity and hydrating.
Finished with a minty leg gel creating
an incredible feeling of lightness. £90

#### TOTAL ECLIPSE

One and a half hours of pure bliss Aromatherapy Back, Neck and shoulder, Indian Head and a mini prescriptive facial. £75



## Facial Treatments

#### PRESCRIPTIVE FACIAL

Designed for your specific skin's needs

We will choose products from the Germaine de
Capuccini Options range to suit your individual
skin type. Each product is tailored to treat
specific concerns; from anti-ageing to skin
brightening. Even the most sensitive of skin's
benefit from this facial. Your skin will be deeply
cleansed, hydrated and radiant. £45

#### PURFXPFRT

Purifying & Balancing Facial
Hormonal changes can often cause problems
that reflect in the skin with spots, acne and
excess oil. Your therapist will treat your skin
according to its exact needs including a deeply
renewing exfoliation which can be followed
by an extraction. Oily skin is deeply cleansed,
balanced and left mat in appearance, skin with
acne is left purified and normal / combination
skin becomes smoother and more radiant. \$555

#### SO DELICATE

Perfect for delicate & sensitive skin
This delicate facial combines the very
best of nature with the latest skin care
technology to calm and soothe. The skin
is left deeply cleansed with a restored,
natural and fresh glow. £45

### MOON RIVER

Hydration for thirsty skin

A highly advanced therapy to provide total hydration to skin which is dehydrated. This therapy contains high, medium and low weight molecular ingredients which include Hyaluronic Acid to restore hydration and prevent water loss whilst also strengthening and improving firmness of the skin. This treatment will provide immediate and lasting hydration and your skin will be left feeling smooth, soft and radiant. **£60** 

#### **EXCEL THERAPY 02**

Preventative ageing therapy using oxygen

Perfect for those aged 25+ who are concerned about the first signs of ageing. A key ingredient; 
"life-Cytoxygen" provides real stores of molecular oxygen encapsulated in ceramides that work from the skins surface to the deepest layers, helping the skin recover the optimum level of oxygen. This results in your skin looking and feeling younger, firmer, toned and more radiant. £60

#### INTENSIVE ROSE THERAPY

Using real rose petals to soothe stressed skin

This exquisite facial uses the extract of 5 different
Roses to neutralise the effects of emotional stress.

Stressed skin can show redness, signs of fatigue,
dehydration and premature ageing. Relax and
breathe in the natural scents of the Roses whilst
this facial soothes, hydrates and nourishes the skin
whilst strengthening it's natural barrier. For all skin
types including delicate skin. £60

# Advanced Anti-Ageing Facial Care

#### ~ TIMEXPERT LIFT SIGNATURE THERAPY ~

Lifting & firming the face and neck

A highly successful and popular therapy that works on skin which has lost volume and tone. Particular care is given to the neck - which is one of the first areas to show signs of ageing. An immediate difference will be seen and felt and a course is recommended for maximum and lasting results. Highly recommended for people considering surgery and as post surgery maintenance. £75

#### ~TIMEXPERT RIDES SIGNATURE THERAPY ~

Specifically for lines and wrinkles
Inspired by the latest advances in plastic surgery, this extraordinary treatment works effectively against wrinkles from within, filling in and inhibiting the formation of new expression lines. Mimicking the effect of Botox and Collagen injections this is the most effective treatment for lines and wrinkles on the market today. Your skin will look noticeably smoother, firmer and more youthful. £75

#### TIMEXPERT C+ A G F

Excellent for restoring vitality to the face
This facial intensely repairs and revitalises
the skin using the power of Vitamin C. Also
based on Ume Extract which has incredible
anti-glycation benefits (Glycation is one of
the leading causes of skin ageing caused
by excess sugar in the diet.) This therapy
provides immediate results and includes
a highly relaxing advanced anti-ageing
massage. £60

#### TIMEXPERT EYES

Intense correcting eye contour treatment
When the hectic pace of life begins to
be reflected in your skin, it is time to
start protecting itself against external
aggressions and signs of ageing. Excellent
prior to a wedding or other special
occasion. £39

# TIMEXPERT WHITE Anti-pigmentation & dark spots

A revolutionary treatment to fight signs of ageing whilst also preventing, reducing and correcting the appearance of dark spots. Thanks to Germaine de Capuccini's "Melanolight" process; using a powerful glycolic facial peel together with micro-dermabrasion this facial will provide instant radiance to the skin, reducing areas of pigmentation and giving the skin a more even tone. Whilst this treatment has been formulated for skin with pigmentation, it is especially good before special occasions as it leaves the skin full of radiance. £75

"A facial treatment is something truly wonderful.

A ritual of harmony and pleasure that makes beauty rise to the surface...
a ritual to enjoy."



#### GLYCO ROLL & LIFT

A quick fix for dull skin lacking vitality

This therapy commences with a powerful glycolic facial peel to renew at the deepest level. This is followed by a massage utilising a unique rotating wand appliance rich in Germanium, to re-balance the positive and negative ions in the skin. Altogether restoring the skin's freshness and vitality whilst leaving you feeling more energised! £40

## ~MICRO-DERMABRASION SIGNATURE THERAPY ~

Intense exfoliating facial

A safe, non-invasive and painless treatment that intensely exfoliates and resurfaces the skin. It gently removes dead skin cells and lifts away any debris, to stimulate blood flow and encourage the formation of collagen and elastin. This results in firmer, revitalised and youthful looking skin. Micro-Dermabrasion can treat acne, acne scarring, fine lines and forehead wrinkles, ageing skin, dull and tired skin, stretch mark removal, pigmentation and skin blemishes. Also good for hands and back. 30min treatment includes cleanse, tone and moisturise £40 60min treatment includes cleanse, tone, mask, lymphatic facial massage moisturise. £55

# Body Treatments

### ~ UNIVERSAL CONTOUR WRAP SIGNATURE THERAPY ~

Guaranteed inch loss treatment

This body wrap provides an improved body shape by toning and tightening the skin and soft body tissue whilst removing toxins. The warm, natural sea clay is hypo-allergenic and will leave the skin free of dead skin cells and feeling supple, soft and rejuvenated. Also fantastic for people with stretch marks, scars, blemishes, psoriasis and eczema. Guaranteed to lose 6 inches or your money back. Single Treamtment - £70 Course of 3 - £195

#### PLACID PARADISE MASSAGE

An exotic spiced pinda massage
Cinnamon, Cardamom and Nutmeg steamed
Pindas together with exquisite oriental oil provide a
highly relaxing, deep massage. This exotic therapy
also has nourishing, antioxidising and anti-ageing
properties. £65

#### WALKING ON THE MOON

A perfect treatment for tired, aching legs
Our Baobab energising leg treatment includes an
exfoliation and massage to the legs followed by
a touch of dreamy leg gel. A top to toe therapy,
leaving you radiant and walking on air! £40

#### ADORE YOUR ARMS

An effective treatment to firm the upper arms
Your treatment commences with an arm
exfoliation using products rich in Plankton
extract to improve tone and Organic Silicon to
regenerate collagen and elastin fibres. Then
enjoy a specialised arm massage before they
are enveloped in a wrap, whilst we perform a
pressure point massage on your scalp, arms and
feet for total relaxation. For maximum results
use our Up and Tone firming cream at home
combined with a course of treatments. £60

#### SLIM SHOCK WRAP

A powerful detox body wrap, exfoliation & massage
Combines our Germaine de Capuccini plant based 'Slim Shock' drainage products and a lymph drainage massage with our 'Fit & Firm' wrap to drain toxins and improve the appearance of the skin. £50

#### PURE C COCOON

Vitamin C body wrap and exfoliation

Packed full of Vitamin C, this body
exfoliation gently polishes the skin to
revitalise and hydrate, leaving it smooth
and clear. The body is then enveloped in
a divine Pure C wrap. £60



#### MEDITERRANEAN MOON GLOW

Massage & Holistic Treatments

A luxurious warm candle body massage
Commences with chakra balancing to soothe
the mind and body whilst your Mediterranean
Light Candle is burned. The warm melted
butter from the candle is then poured over the
body with a prolonged body massage to ease
tension, relax the mind and deeply hydrate the
skin. Choose from 3 candles inspired by the
Mediterranean regions, Lavender, Olive and
Rosemary or Citrus. £60

#### TOTAL BODY MASSAGE

A relaxing massage with hot stones

The body is massages with blended aromatic body oils. Hot stones are then incorporated to provide deep penetration, gentle stretching of muscles and total relaxation. These stones are placed on the chakras points to dissolve stress, remove blockages and neutralise energies. £70

#### ~ SIGNATURE MASSAGE THERAPY ~

Luxury back, face & scalp massage

Commencing with a hot stone Back Massage to release tension around the neck and shoulders, followed by an individually tailored facial incorporating hot and cold stones to aid drainage and relaxation.

Finally enjoy a soothing scalp massage. £52

### AROMATHERAPY MASSAGE

Designed to your individual requirements

This soothing massage using aromatherapy oils for complete relaxation, establishing harmony of mind and body as well as reliving aches and pains.

Full Body £43 / Back Neck & Shoulder £32

#### BIO-ENERGISER D-TOX SPA

Detoxifving foot spa

Though a micro-current we detoxify and rebalance your Bio energy, resulting in new energy levels both physically and mentally. £25

#### INDIAN HEAD MASSAGE

A wonderful collection of traditional massage movements applied to the scalp, neck and shoulder area. This treatment aids the release of endorphins and can create an almost euphoric feeling of peace and tranquillity. £32

#### HOPI EAR CANDLES

Originating from ancient practices, this relaxing treatment will help relieve symptoms of a wide variety of ear disorders such as allergies, congestion, sinus pressure, earache and tinnitus through a light suction effect. The treatment is completed with a facial drainage massage. £29





## Hands & Feet

SpaRitual have researched ancient rites from around the world and incorporated their teachings in a unique way into their treatment lines.

These include the chakras, colour therapy and numerology practices. The SpaRitual multi-purpose Vegan range has been specifically designed to treat your mind, body, hands, feet and nails. All products are registered with the Vegan Society UK and the BUAV which means that no animal byproducts are used in the formulations and we do not condone animal testing.

The Chakra Care products are free of PEG's, Parabens and synthetic dyes and the nail lacquers and elixirs are 3-Free (Toluene, Formaldehyde and DBP).

### ~ AURA BALANCE HAND RITUAL SIGNATURE THERAPY ~

The ultimate relaxation treatment for hands

An aromatherapeutic journey, with micro algae and mineral salt infused with Wildcrafted Indonesian Ginger will gently slough away dry skin. The warming properties of ginger are deepened with heated mits and a full healing hand massage using a hydrating blend of ginger and Chinese Jasmine essentials oils, Aloe, Shea Butter, Sesame Oil, Olive Oil, Avocado and Vitamins A & E. £38 / with French Manicure finish £40

#### THE BLOOMING FLOWER HAND RITUAL

An Asian inspired hand treatment

Essential oils of Italian Red Mandarin gently caress your hands while a gentle exfoliation of micro algae and vitamins A and E smooth the skin. The relaxing manicure is completed with a Shiatsu inspired massage with a blend of Chinese Jasmine Essential oil and your choice of organic moisturising lotion that melts away tension.

£30 / With French Manicure finish £32

#### ~ OPEN MINDED FOOT RITUAL SIGNATURE THERAPY ~

The ultimate pamper for the feet

This sensuous ritual focuses on the aromatherapeutic benefits you will experience from head to toe, beginning with an Organic Sugar scrub designed to slough away dead skin and followed by a ginger masque and heated booties to both refine, hydrate and relax your skin. This multi-step pedicure is completed with a soothing yet energizing massage. £40 / with French Polish finish £42

#### THE BLOOMING FLOWER FOOT RITUAL

An Asian inspired foot treatment

Essential oils of Italian Red Mandarin gently caress your feet while a gentle exfoliation of micro algae and vitamins A and E smooth the skin. The relaxing pedicure is completed with a Shiatsu inspired massage with a blend of Chinese Jasmine Essential oil and your choice of organic moisturising lotion that melts away tension.

£32 / with French polish finish £34

HAND OR FOOT

File and Polish £15 / With French Polish £17

# Waxing

### MINX EXPERIENCE!

Shellac is a revolutionary and award winning treatment that goes on like a polish, wears like a gel, has zero dry time and a mirror finish which remains flawless with No Nicks, Chips or Smudges for 2 weeks (yes, really). Shellac is the perfect solution for everyone who adores having nails that look and stay perfect with a fabulous glossy look. Treatment includes filing of nail and full cuticle work of hands or feet.

~ SHELLAC SIGNATURE THERAPY ~

Shellac £25
Removal and re-application £30
Removal Only £12

SHELLAC WITH BRISA LIGHT

Brisa Light is a power partner to CND Shellac brand. It is for nails needing extra protection which can also smooth out natural nail ridges or splits. £30 / Removal and reapplication £35

Extend fashion to your fingertips and Toes! Full nail and cuticle work with application of Minx, the most talked about innovation worn by every celebrity on the planet. Choose from amazing metallics, holograms and designs and

finish with a hand/foot massage and a Frothimoon cuppa! £30

NAIL ENHANCEMENTS

Using Calgen, a 21st Century gel system which is flexible and durable, we can extend, strengthen and protect your natural nails. It will cause no damage or weakness to your natural nail bed. Great for fingers or toes, as it offers you a semi-permanent nail colour or French Finish that will not chip or wear off! Excellent for holidays, summer or all year through!

Full set for fingers £40 / Infills for fingers £25

Infills recommended every 2-3 weeks

NATURAL NAIL OVERLAYS Clear Gel £25

Individual Replacement £4.50

Removal and Hand Treatment £30



Professional Hive depilatory system.

Full Leg Wax	£28
Full Leg and Bikini Wax	£35
Half Leg Wax (lower)	£20
Half Leg Wax (upper)	£24
Three Quarter Leg Wax	£25
Bikini Wax	£14

#### ~ SIGNATURE THERAPIES ~

Underarm Wax	£10
Arm Wax	£13
Eyebrow Wax	£8.5
Lip Wax	£8.5
Chin Wax	£8.5
Chest Wax from	£20
Back Wax from	£20

# Tanning

#### ST TROPEZ TANNING

The experience begins with a full body exfoliation and moisturising of dry areas. Completely prepared for the application of the golden tanning lotion, lasting aprox 7-10 days. *Full body and Face £40* 

#### SOLGLO SPRAY TAN

This award winning spray tan is filled with nourishing and natural ingredients to give a long lasting tan that adapts to suit each individual skin tone and guarantee a natural look. The perfect accessory for weddings, parties or any occasion when you want to feel and look extra special. £28



# Eyes & Makeup C

# Salon Etiquette

#### **EYELASH EXTENSIONS**

Longer thicker natural looking lashes
Semi-permanent Eyelash extensions are worn
by almost every celebrity and every woman's
dream is to have long thick eye-lashes!
Full Set £70 / Eyelash Top-ups £35

Top-ups recommended every 2-3 weeks

#### EXPRESS LASH SERVICE

Flutterly gorgeous in 20 minutes

These lashes are great quick fix for parties, romantic weekends. Lasts up to 2 weeks. £40

### EYELASH PERMING & TINTING

Eyelash Perm £29
Eyelash Tint\* £14

Eyebrow Tint\* £8.50

Eyelash Perm, Eyelash Tint\*

and Eyebrow shape £45

Patch test is required 24hrs prior to tinting treatments.

#### MAKF-IJP

Experienced make-up for all occasions

Both proprietors and their team are highly qualified in make-up for Bridal, Bridesmaids, Mother of the Bride/Groom, Proms and more. To view our extensive testimonials or discuss your requirements, please call in or ring our team to book a free no obligation consultation. *Price on application* 

Service can be provided either at the salon or venue of your choice. Available for group bookings and at desired venue.

A non-refundable deposit is required on booking.

#### ~MAKE-UP LESSON SIGNATURE THERAPY ~

A complete make-up master class

Need to revamp your make-up bag or some professional hints and tips on application techniques? Then this is an hour dedicated to learn what is required individually for you. Revolutionise your make up and technique forever! £40

#### APPOINTMENTS

As we aim to run on time, punctuality would be appreciated. Please arrive 15 minutes early for an appointment if you have not visited us before. Please note - if you do arrive late, then we regret that your treatment time may be reduced.

#### **BOOKINGS**

For appointments over 3 hours, a 50% deposit will be required at time of booking.

#### LATE CANCELLATIONS

We request that at least 48 hours notice is given when cancelling an appointment. If appointments are cancelled on the day, then we regret that the full amount for treatments booked will be charged.

#### PAYMENTS

All major credit cards (subject to 2% charge) and cash are accepted, there is a surcharge of £1 for amounts less than £10.

#### VALUABLES.

Please leave jewellery and other valuables at home. Frothimoon Beauty cannot be responsible for lost or stolen articles.

#### TREATMENT COURSES

For the most effective results, some treatments may require a course. They are discounted, valid for 6 months and need to be pre-paid.

#### MOBILE PHONES

As courtesy to others, we please ask that these are switched off or on silent at all times.

#### GIFT VOUCHERS

These are a great idea for someone special, either as a thank you or for a special occasion. Vouchers are strictly valid for 3 months and are nontransferable and non-refundable.

They can be purchased in the salon or over the phone (01539 736273) or via an e-mail at: team@frothimoon.co.uk

#### CHILDREN

We do not allow children in the salon to ensure that the relaxing and pampering atmosphere is maintained at all times.



### Frothimoon Beauty and Frothimoon Bridal 106 Highgate, Kendal, Cumbria LA9 4HE

Telephone: 01539 736273 Email: team@frothimoon.co.uk

For our opening times, offers and events please visit our website.



www.frothimoon.co.uk
We look forward to extending you a warm welcome